

## Things to Bring

Each participant may bring (1) CHECKED BAG and (1) CARRY-ON BAG. You may be asked to pack up to 5lbs of team supplies in your checked bag so leave space. Do NOT bring valuables you would be upset to lose, like cell phones, tablets, expensive jewelry, etc. Note: You will wear your drama costume for 3 days so you do not need a lot of regular clothes.

### Carry-On Bag (Small backpack or day pack)

- Passport (with 6 months validity)
- Spending money for snacks/souvenirs
- Bible, devotional book, pens
- Masks, Guatemala still requires it in some locations
- Drama costume and props (except power sticks/party ribbons, which must be checked)
- Prescription or personal medication

### Checked Bag (45lbs or less, rolling suitcase/hiking backpack, no hard shell cases)

- (1) Church outfit – **Girls:** Dress or skirt (knee length or below) and blouse (not sleeveless, tight-fitting, or low cut) or **Guys:** khaki or dress pants and a collared shirt
- (1) Adventure day outfit – swimsuit and beach towel (just in case)  
\*Girls swimsuits must be one-piece or have a dark-colored t-shirt over two-piece
- (8) Sets of undergarments and socks
- (1) Pair of pajamas/sleepwear
- (2) Sets of work clothes (old jeans and t-shirts that might get ruined/stained)
- (1) Pair of work gloves
- (2) Pairs of tennis/athletic shoes- for extensive walking, sturdy enough for work projects
- (1) Pair of flip-flops and/or shower shoes
- Clothes to wear around lodging complex (shorts, t-shirts)
- (1) Sweatshirt/jacket
- (1) Plastic bottle of either peanut butter or jelly (grape/strawberry)
- Twin-sized sheets (for bunkbed mattresses), a small pillow, and a towel
- Toiletries (shampoo, soap, deodorant, toothpaste, toothbrush, contact solution, etc.)
- Contacts or glasses (if you wear them)
- 32oz Water Bottle (Nalgene or similar brand, must be re-useable and shatterproof)
- Outdoor supplies (sunscreen, insect repellent, sunglasses/hat, rain poncho)
- Tools (details announced at Parent Meeting)